

CLASS SCHEDULE

DECEMBER - MARCH



Mindful Connection

Every Saturday 9:00 a.m. 1st & 3rd Tuesday 9:00 a.m. 1st & 3rd Wednesday 4:30 p.m.

Wellness with Horses

3rd Sunday 10:00 a.m. 1st & 3rd Wednesday 9:00 a.m. 1st & 3rd Friday 12:00 p.m.

Meditation

Every Sunday 9:00 a.m. 1st & 3rd Thursday 6:00 p.m.

Open Farm

1st Sunday 10:00 a.m.

<u>Group Reiki</u>

2nd Sunday 10:00 a.m.

Yoga

NO yoga programs running December - March

